



# Watch for Mindful Menu Selections

Please join us in celebration of Food & Nutrition Month Where every day brings culinary fireworks for every taste

Celebrate American Heritage Month!!

## Hours

Monday - Friday  
7am - 9:30am - Breakfast  
11am - 2pm - Lunch  
2pm - 3pm - Grab & Go (M-F)  
4pm - 8pm - Cafeteria (M-F)  
Saturday, Sunday & Holiday  
11am - 2pm

## Managers

System Director  
Jayson Kupferman x57295

Executive Chef Manager  
Duilio DaSilva x22348

Patient Service Manager  
Jennifer James X22347

Clinical Nutrition Manager  
Corista Williams x22441



# CAFÉ AT THE RANCH

Week of Monday November 4

## Monday

Soup: Chili con Carne  
Lobster Bisque  
Entree: Mediterranean Chicken / Shrimp Caesar Salad

## Tuesday

Soup: Chili con Carne  
Split Pea with Ham Soup  
Entree: Chicken Breast Parmesan  
Spaghetti Marinara   
Roasted Squash with Cremini Mushrooms

## Wednesday

Soup: Chili con Carne  
Chicken Tortilla Soup  
Entree: Roast Beef Eye Round  
Caramelized Onion Yukon Gold Mash Potato   
Cranberry Brussels Sprouts

## Thursday

Soup: Chili con Carne  
Entree: Pasta Bar

## Friday

Soup: Chili con Carne  
New England Clam Chowder  
Entree: Shrimp Diablo Taco with Rice and Beans  
Beef Machacas Soft Tacos  
Grilled Garlic Lemon Broccoli Spears   
Fried Sweet Plantains

## Saturday

Soup: Chili con Carne  
Homestyle Chicken Noodle Soup  
Entree: Greek Style Chicken  
Au Gratin Potato   
Whole Green Beans Almondine

## Sunday

Soup: Chili con Carne  
Mediterranean Lentil Soup (Mindful)   
Entree: Stuffed Cabbage Roll  
Carrots, Cauliflower and Peas